



Design Your Dream Life: A Workbook for Creating the Future You Want

**Your Ideal
Day**

Your Future Home

**Your Best
Self**

**Your Dream
Career**

**Your Support
System**

**Your Life
Vision Board**

Your dream life begins as a vision in your mind, but you have the power to bring it to reality. Like an artist with a blank canvas, you hold the brush to design the life you desire—stroke by stroke, choice by choice. Dream big, sketch your goals, color them with passion, and never be afraid to refine your masterpiece. The life you imagine is waiting to be created—so start drawing today



Follow the prompts on each of the following pages of this mini workbook to manifest your dream life.

Your Ideal Day

Sketch what a perfect day in your dream life looks like, from morning to night. Where are you? What are you doing? Who's with you?

Draw your dream home, whether it's a cozy cabin, a beachside retreat, or a city apartment. Include details that make it feel like your space.

Your Future Home

Your Best Self

Illustrate yourself as your happiest, most successful version. What are you wearing? What energy do you radiate? What accomplishments are you proud of?

Depict yourself in your ideal
job or business. What does
your workspace look like?
What tools are you using?
How do you feel doing this
work?

Your Dream Career

Your Support System

Sketch the people, pets, or mentors who uplift and support you in achieving your dreams. What qualities do they bring into your life?

Create a collage-style drawing of symbols, words, and images that represent the different aspects of your dream life—health, relationships, career, travel, and personal growth.

Your Life Vision Board

How can I make these visions come alive?

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